



ONTARIO MEDICAL FIRST RESPONSE CHALLENGE



Coaching to Success

How to Develop a Winning First Aid Competition Team

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Session Objectives

- Requirements and qualifications needed to be successful
- How to develop suitable candidates
- How to update the training using new first aid protocols
- How to prepare your team for unconventional first aid challenge scenarios
- Unexpected surprises vs. anticipated expectations

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What it takes to be a
TEAM COACH



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Successful Team Coach

- Experience
 - First Responder
 - Industrial Safety Personnel
 - Instructor
 - Competitor
 - Competition Judge
 - Paramedical/ Medical Professional
- Willing to Learn





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Successful Team Coach

- Knowledge
 - Up to date
 - New protocols
 - ILCOR standards
 - Last year's "issues"



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Facilitating

TRAINING AND DEVELOPMENT



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Develop Suitable Candidates

- Training, training, training.....
 - Ongoing review
 - Scenario based
 - Timed: Initial assessment; Treatment; Ongoing care
 - Look for weaknesses
 - Look for strengths
 - Continually UPDATE





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Update your training using new first aid protocols

- What has been added?
- What has been taken away?
- What has been changed?





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Preparing for unconventional first aid challenge scenarios

- Build in the unexpected
- Anticipate the “wild card”
- Sometimes it is a “zebra”
- Challenge and educate



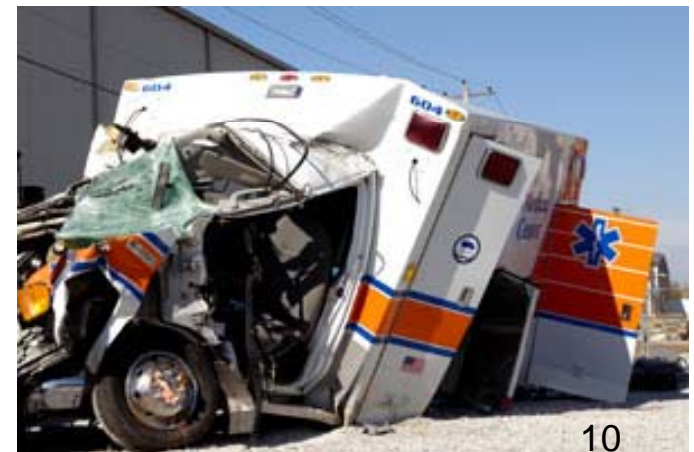


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Unexpected surprises vs. anticipated expectations

- Real World vs. “Scenario World”
- Prepare for the worst, hope for the best
- Anything is possible
- Anyone can be a casualty





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- A coach is someone willing to share expertise and knowledge with the team
- The team should be made up of eager and bright individuals with a solid knowledge base and a willingness to learn
- Training should include any and all protocol changes, as well as known favourites (CPR)
- Anticipate anything and prepare for everything...

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QUESTIONS?